

Ages	Oct 15	Oct 17
14 & under	2:30-4:30pm	5-6:30pm
15-16s	5-7pm	6:30-8pm
17-18s	5-7pm	7:30-9pm

**How old will you be on July 1 of 2024?**

The answer to this question determines your AGE GROUP for club volleyball purposes

*Example:* If you are currently 12 but turn 13 in June, then you are considered "13" for club volleyball purposes and should attend the 13s tryout times

**GYM COLOR CODE**

**Valor Flagship Academy**

4527 Nolensville Pk  
Nashville, TN 37211

**St. Bernard Academy**

2304 Bernard Ave  
Nashville, TN 37212

**Who needs to tryout?**

Anyone interested in playing on an Elite, Club or Youth team needs to come to BOTH the days of tryouts listed above



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Before tryouts

1. Register at [www.ethosvolleyball.com/tryouts](http://www.ethosvolleyball.com/tryouts)
2. Make \$50 payment via LeagueApps
3. Fill out the **JVA Medical Release** and **JVA Release of Liability** via the link (no paper copies this year)

Day of Tryouts

1. Bring water bottle, knee pads and sneakers
2. Arrive at least 15 minutes early for check-in and to allow for warm-up time