

Ages	Oct 16	Oct 17	Oct 22	Oct 23
12 & under	4:30-6pm	-	-	Makeup Tryout 5-7pm (St. Bernard)
13s	1-3pm	5:30-7pm	-	
14s	2:30-4:30pm	7-8:30pm	-	
15-16s	-	-	11am-1pm	1-3pm
17-18s	-	-	9am-11am	3-5pm

How old will you be on July 1 of 2023?

The answer to this question determines your AGE GROUP for club volleyball purposes

Example: If you are currently 12 but turn 13 in June, then you are considered "13" for club volleyball purposes and should attend the 13s tryout times

St. Bernard Academy
2304 Bernard Ave
Nashville, TN 37212

Valor Flagship Academy
4527 Nolensville Pike
Nashville, TN 37211

Make-up tryout dates are for those who could not attend the regular tryout dates. Choosing to attend a make-up date in lieu of a normal tryout date is NOT encouraged.



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Before tryouts

1. Register at www.ethosvolleyball.com/tryouts
2. Make \$50 payment via LeagueApps
3. Fill out the **JVA Medical Release, JVA Release of Liability** and **Ethos COVID** forms

Day of Tryouts

1. Bring signed 3 forms (listed above)
2. Bring water bottle, knee pads and sneakers
3. Arrive at least 15 minutes early for check-in and to allow for warm-up time

Who needs to tryout?

Anyone interested in playing on an Elite, Travel or Youth team needs to come to ALL the days of tryouts listed above. Makeup tryouts are only for those who missed 1 or both dates of tryouts.

Little Green Legion & In-House players just sign up and play.

