



Why Beach? Ever since Karch Kiraly left the court & flipped up his pink Speedo hat, volleyball players everywhere have loved playing sand 2s in the summer. Now that Sand Volleyball is an NCAA sport (with scholarships available for both boys & girls) and the most watched sport at the past 2 Summer Olympics, it's about time that our young players had an opportunity to learn this game from coaches who know it well.

Benefits Playing in the sand is a great way to increase your vertical, lateral quickness, shot selection and to learn ball control skills you never thought possible. Consider it cross-training for your indoor game and a way to become a complete player - because in sand you have to be good at everything.

Ethos VBC is excited to introduce the 1st ever **Ethos Beach** program. Our goal is to provide the opportunity for our indoor players and others not associated with our program to train & play the game of 2-person sand volleyball. Players can sign up with a partner or individually. Practice groups will be assigned based on age & skill level. Practice nights of the week and location are TBD.

Registration will begin on April 26th and tryouts will be on Wednesday, May 8th.

Ways to Play

Summer 1 **\$350**

- May 13 - June 28

Summer 2 **\$350**

- July 6 - August 17

Beach Elite **\$600**

- Includes **Summer 1** and **Summer 2**

All programs include

2 practices per week, a 3-day *Tennessee Volleyball Association* Beach Camp (May 29-31 or July 18-20), a beach volleyball, dry-fit T-shirt, uniform top & bottom.

Extra costs

Tournament registration fees & travel are NOT included in the program. Tournament schedules for the surrounding states will be provided in order that teams might arrange a playing schedule convenient to their summer schedule & commitment level. Coaches do not attend tournaments with the team.



Sign up for Tryouts or learn more @
ethosvolleyball.com